



Havasupai Elementary School
THE EAGLES
Week 7 Newsletter
October 12 – 16, 2026

Be kind. Be respectful. Be responsible. Be safe. Own your actions. Together we will soar. Eagle pride.

 GENIUS TIME SCHEDULE  Last 30 minutes of each school day									
Date	Day	Kindergarten	1st	2nd	3rd	4th	5th	6th	7th–8th
Oct 12	Mon	No School – Holiday							
Oct 13	Tue	Around the World	STEM	Art	Careers	Nutrition	Mind-fulness	Computers/Keyboarding	Health
Oct 14	Wed	STEM	Art	Careers	Nutrition	Mind-fulness	Computers/Keyboarding	Health	Emotional Communication
Oct 15	Thu	Art	Careers	Nutrition	Mind-fulness	Computers/Keyboarding	Health	Emotional Communication	Computer Learning Games
Oct 16	Fri	Careers	Nutrition	Mind-fulness	Computers/Keyboarding	Health	Emotional Communication	Computer Learning Games	Around the World

   CULTURE CLASS SCHEDULE    Week of October 12 – 16				
Monday Oct 12	Tuesday Oct 13	Wednesday Oct 14	Thursday Oct 15	Friday Oct 16
No Class Holiday	2nd – 3rd Grade	4th – 5th Grade	Middle School (6th – 8th Grade)	Kindergarten
				

 BREAKFAST MENU  October 12 – 16, 2026				
Mon 10/12	Tue 10/13	Wed 10/14	Thu 10/15	Fri 10/16
No School	Egg Bites, Fruit, Cheese Sticks	Breakfast Burrito, Fruit	Scrambled Eggs, Bacon, Toast, Fruit	Muffins, Yogurt, Fruit

 LUNCH MENU  October 12 – 16, 2026				
Mon 10/12	Tue 10/13	Wed 10/14	Thu 10/15	Fri 10/16
No School	Pulled Pork, Corn, Potato	Baked Pasta, Garlic Toast, Vegetables	Chicken Wings, Mashed Potatoes, Corn	Tacos & Tots, Fruit Salad

AFTERSCHOOL CLUBS

More to come, stay tuned!

Sports Club



Grades K-8
with Mr. Ruffin
Saturdays
11:00 am - 12:00 pm

Game Design



Grades 4-8
with Mr. Ruffin
Saturdays
9:00 - 10:00 am

K-3 Art Club



Grades 2-5
with Ms. Bravo
Tuesdays
2:45 - 4:15 pm

Ooey Goopy Concoctions



Grades 2-5
with Ms. Bravo
Thursdays
2:45 - 4:15 pm

Sparkle & Strength Girls Club



Grades 4-8
with Ms. Bravo &
Ms. Tillman
Mondays
2:45 - 4:15 pm

Grades 4-8 Art Club



with Ms. Tillman
Tuesdays
2:45 - 4:15 pm

K-5 Choir

with Ms. Hecht
Tuesdays &
Thursdays
2:45 - 3:15 pm

LEGO STEAM



Grades 4-8
with Mr. Connell
Mondays
2:45 - 3:45 pm

Board Games



Grades 4-8
Thursdays
2:45 - 3:45 pm
Mr. Connell

Chess Club



Grades 1-8
with Mr. Sorvino
Mondays & Tuesdays
2:45 - 3:45 pm

Homework Club



with Ms. Lyga
Tuesdays & Thursdays
3:45 - 4:15 pm

Middle School Tutoring



Grades 6-8
with Mr. Ruffin
Mondays, Tuesdays
& Thursdays
2:45 - 3:15 pm

Yearbook



Grades K-8
with Ms. Nichols
Tuesdays
3:00 - 4:00 pm

Ukelele Club



Grades K-8
with Mr. Baranko
Mondays
2:45 - 3:30 pm

Honor Society (by invitation)



Grades 4-6
with Ms. Lyga
Tuesdays
3:45 - 4:45 pm

THIS WEEK'S LESSON Colors in Havasupai



We will learn and practice
colors in Havasupai!

Qwal sej hwat 'naag, 'naj vasuw!

Havasupai Colors

Gwal sej



pink

hwat



red

'naag, 'naj



black

vasuw



green

nmsaav



white

Qwaatha, 'qwath



yellow

vasuw



blue

Qwal sej



purple/violet

nmthavg, sey



gray

'qwath



orange

Native Connections Tribal Behavioral Health Grant Program
Hmanna Qaj Gwaawj Project
THE CHILDREN SPEAK

COMMUNITY INFORMATION RESOURCE

This informational resource is developed by the Havasupai Native Connections Tribal Behavioral Health Grant Program (Hmanna Qaj Gwaawj Project) to support our community during October's dual observances: National Bullying Prevention Month and the Red Ribbon Drug Awareness Campaign. Grounded in our commitment to our youth—"THE CHILDREN SPEAK"—this guide provides core principles, identification tools, and culturally supportive prevention strategies designed for families, educators, and local leaders in Supai.

1. National Bullying Prevention Month

Bullying goes beyond simple disagreements; it is unwanted, aggressive behavior among school-aged children that involves a real or perceived power imbalance. For our youth in the canyon, maintaining a safe, supportive environment is crucial for mental and spiritual well-being.

Key Categories of Bullying Behavior:

- **Verbal Bullying:** Teasing, name-calling, inappropriate sexual comments, taunting, and threatening to cause harm.
- **Social Bullying (Relational):** Hurting someone's reputation or relationships, leaving someone out on purpose, telling others not to be friends with someone, or spreading rumors.
- **Physical Bullying:** Hurting a person's body or possessions, hitting, kicking, pinching, spitting, tripping, pushing, or taking/breaking someone's things.
- **Cyberbullying:** Spreading hurtful words, rumors, or digital images via phones, social media platforms, or gaming channels.

Warning Signs in Youth:

- Unexplainable injuries or damaged clothing/property.
- Changes in eating or sleeping habits (frequent nightmares).
- Declining grades, loss of interest in schoolwork, or avoidance of peer groups.
- Feelings of helplessness, decreased self-esteem, or self-destructive behaviors.

2. Drug Awareness Month & The Red Ribbon Campaign

The Red Ribbon Campaign is the nation's oldest and largest drug prevention program. It serves as a catalyst to mobilize communities to educate youth and encourage participation in drug-free activities, honoring the preservation of healthy, substance-free lives.

Core Elements of Substance Prevention:

- **Early Intervention:** Identifying environmental and social risk factors early in a child's development.
- **Peer Strength:** Building positive peer leadership groups that celebrate a drug-free commitment.
- **Clear Communication:** Providing honest, age-appropriate facts regarding the physical, mental, and community impact of illicit substance use.

Havasupai Cultural Core: 'THE CHILDREN SPEAK'

Through the Hmanna Qaj Gwaawj Project, community prevention integrates our traditional lifestyle with clinical health models. Supporting our children means listening to their voices, recognizing their unique challenges in the canyon, and strengthening their bond to family, land, and culture as a natural shield against external pressures.

3. Actionable Prevention Strategies for Families

- **Open Dialogue:** Ask direct questions about school, friends, and online activities. Let children know they can talk to you about any topic without immediate judgment.
- **Set Clear Boundaries:** Establish absolute, consistent household rules regarding mutual respect, anti-bullying behavior, and strict zero-tolerance for illicit substance use.
- **Model Positive Behavior:** Children observe adult interactions. Demonstrate healthy stress management, respectful conflict resolution, and community pride daily.
- **Encourage Engagement:** Connect youth to cultural activities, traditional storytelling, local sports, and community service projects to build a strong sense of identity.

Community Support & Contact Information

If a young person is struggling with bullying, substance pressures, or mental health concerns, local and national support services are available permanently:

- Havasupai Health Clinic / Behavioral Health Programs — 928-448-2641
- National Suicide & Crisis Lifeline — Call or Text 988 (Available 24/7, confidential)
- SAMHSA National Helpline (Substance Abuse) — 1-800-662-4357
- StopBullying.gov Portal — Digital toolkits and family resources